



Sports Studies

Sports Studies explores sport, physical activity, and health. Students analyse sports, develop coaching skills, and use reflection and peer feedback to improve performance and understanding of physical activity and healthy lifestyles.

PREREQUISITES: NIL

WHAT WILL YOU LEARN?

1. Understand the tactics and coaching requirements for sport.
2. Develop teamwork, resilience, and communication skills through practical participation and group based activities.
3. Create a tailored fitness training program and a sports tournament.

Assessment Overview

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Stage 1	40% - Practical Exploration 30% - Connections 30% - Personal Venture	Assignments are multimodal, students collect evidence (footage) of practical work to analyse, provide peer feedback on and reflect to improve.
Stage 2	40% - Practical Inquiry 30% - Connections 30% Personal Endeavour	Assignments are multimodal, students collect evidence (footage) of practical work to analyse, provide peer feedback on and reflect to improve.



VOCATIONAL PATHWAYS

- Certificate IV in Allied Health Assistance
- Diploma of Fitness
- Diploma of Sport and Recreation Management



TERTIARY PATHWAYS

- Bachelor of Education (PE)
- Bachelor of Physiotherapy
- Bachelor of Exercise and Sports Science



CAREERS

- HPE Teacher
- Personal Trainer
- Physiotherapist
- Exercise Therapist
- High Performance Manager



Government of South Australia

Department for Education



SACE STAGE 1 | 10 CREDITS
ONE SEMESTER/FULL YEAR



SACE STAGE 2 | 20
CREDITS FULL YEAR



ATAR SUBJECT