

Health & Wellbeing

In Health and Wellbeing, students develop the knowledge, skills, and understandings required to explore and analyse influences and make informed decisions regarding health and wellbeing. They consider the role of health and wellbeing in various contexts and explore ways of promoting positive outcomes for individuals, communities, and global society.

Northern Adelaide Senior College

PREREQUISITES:

- NIL

WHAT WILL YOU LEARN?

1. Learn more about healthy habits and having a positive mindset.
2. Understand and analyse health and wellbeing trends and issues.
3. Using SMART goals to make positive changes in your life.

Assessment Overview		
Stage 1	50% - Practical Action 50% - Issues Inquiry	Assignments could be posters, stories, books, videos, etc. as well as reflections.
Stage 2	40% - Initiative 30% - Folio 30% - Inquiry	Assignments are mostly report based tasks with 1000-2000 word counts, multimodal and oral presentations are options.

VOCATIONAL PATHWAYS

- Certificate III in Health Services Assistance
- Diploma of Health Science
- Diploma of Mental Health

TERTIARY PATHWAYS

- Bachelor of Nursing
- Bachelor of Nutrition
- Bachelor of Health Science

CAREERS

- Registered Nurse
- Mental Health Social Worker
- Occupational Therapist
- Dietician
- Exercise Therapist

① SACE STAGE 1 | 10 CREDITS ONE SEMESTER/FULL YEAR

② SACE STAGE 2 | 20 CREDITS FULL YEAR

ATAR SUBJECT