

Wellbeing

Wellbeing explores the concepts of Character Strengths, Healthy Relationships, Executive Functioning, and Passion Projects. We deep dive into topics of interest to the students as well as have deep discussions around the topics we cover. Come prepared to have conversations and participate in advocacy of your beliefs and understanding while ready to learn about new ideas and perspectives.

Northern Adelaide Senior College

PREREQUISITES:

- NIL

WHAT WILL YOU LEARN?

1. Understanding how Character Strengths can help us to learn and develop our strengths.
2. Develop and understanding of Healthy Relationships, the signs of health and unhealthy relationships, and how to raise awareness.
3. Create work on topics of interest and reflect on your jouney in the subject.

Assessment Overview		
Stage 1	40% - Practical Exploration 30% - Connections 30% - Personal Venture	Assignments could be posters, stories, books, videos, etc. as well reflections of no more than 600 words

VOCATIONAL PATHWAYS

- Certificate III in Health Services Assistance
- Diploma of Remedial Massage
- Diploma of Pathology

TERTIARY PATHWAYS

- Bachelor of Teaching
- Bachelor of Social Work
- Bachelor of Community Health

CAREERS

- Teacher
- Counsellor
- Psychologist
- Youth Worker
- Nurse

(1) SACE STAGE 1 | 10 CREDITS FULL YEAR

(2) NOT AVAILABLE AT STAGE 2

NON ATAR SUBJECT