

SPORTS STUDIES

Sports Studies is an exploration of the human body and the sport, physical activity and health industries. Students form a deeper understanding of the importance of physical activity, nutrition and lifestyle.

PREREQUISITES: NIL

WHAT WILL YOU LEARN?

01. Understand the tactics and coaching requirements for sport.
02. Develop a deeper understanding of the importance of health and wellbeing.
03. Create a tailored fitness training program and a sports tournament.

Transferable Skills	
<ul style="list-style-type: none"> • Establishing relationships and using networks • Working effectively with others • Recognising own strengths and limitations • Clarifying team roles and performing agreed actions • Coaching mentoring and motivating others 	

Assessment	
Stage I	Practical Exploration 50%, Connections 25% and Personal Venture 25%.
Stage II	Practical Inquiry 40%, Connections 30% and Personal Endeavour 30%



VOCATIONAL PATHWAYS

- Certificate IV Allied Health Assistant
- Diploma of Fitness
- Diploma of Sport and Recreation Management



TERTIARY PATHWAYS

- Bachelor of Education (PE)
- Bachelor of Physiotherapy
- Bachelor of Exercise and Sports Science



CAREERS

- HPE Teacher
- Personal trainer
- Physiotherapist
- Exercise therapist
- High performance manager



SACE STAGE 1 | 10 CREDITS
ONE SEMESTER/FULL YEAR



SACE STAGE 2 | 20 CREDITS
FULL YEAR



ATAR SUBJECT